

The TITANS' Tribune

Home and School Working Together
Website - <https://lfmss.sd35.bc.ca/>
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September 22, 2023

Issue #2

Upcoming Dates

Dear LFMSS Families,

Thank you to the Staff, parents, and students for joining us at last night's "Meet the Teacher" and / or the Grade 12 Parent & Grad Information sessions. Both were well attended and it was wonderful to see so many familiar and new LFMSS community members.

Next Friday, our school community will be gathering to acknowledge the importance of Truth and Reconciliation and Orange Shirt Day. We will be having a school-wide gathering from 10:45 – 11:30 AM and parents are welcome. Please keep in mind there will be limited seating as our large gym will be at almost full capacity. During the week, your child may have some time in which one of their teachers will guide them through an activity that will help prepare them for our gathering on Friday. Please contact myself or Mr. MacIver directly if you have any questions.

Sincerely,

Ms. Carla Clapton
Principal

- | | |
|----------|--|
| Sept. 26 | Practice Fire Evacuation Drill (10:00am) |
| Sept. 29 | Truth & Reconciliation and Orange Shirt Day gathering |
| Sept. 30 | National Day for Truth and Reconciliation and Orange Shirt Day |
| Oct. 2 | School is not in Session |

Please visit www.lfmss.sd35.bc.ca for the most up to date calendar of events.



Lunch Time Intramurals

Lunch Time Intramurals for Grades 8-12 have begun! We are looking forward to having more opportunities for all of our students happening throughout the school year. Thank you to our teachers who are doing the behind the scenes logistics and supervising the activities!



Gr. 6 Lunch Club

The first Lunch Club for Grade 6s was a great success. Everyone had a great time playing games, receiving tea cups and WINNING prizes.

Please contact Ms. Hewitt, Lunch Club sponsor and Teacher Librarian if you are able to donate items such as stuffies, packaged candy etc. for "door" prizes.



LFMSS Hot Lunch Program

Log onto or sign up on the hot lunch website ASAP!

Last year, if you signed your child up in grade 6, you will need to log onto the website and update your child's AG Teacher. If your child is new to LFMSS this year, please sign them up.

lfmss.hotlunches.net

Access code: Titans

Payment options:

- Etransfer fundylunch@gmail.com
- Pay through the website via PayPal

Please note:

- Hot lunch will be once a month - starting in October.
- All orders are required to be paid at least 1 week before the hot lunch date each month. Easiest method is to order and pay right away.
- The hot lunch ordering window will close 1 WEEK before each hot lunch date.
- If your child(s) will be away for hot lunch and it is too late to cancel the order(s), please contact the office and let them know what you want done with your child's food.

Communicating With Your School



Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful Communicating with your School guidelines for parents/guardians found on our District website [here](#). As an additional reference, review this one-page resource [here](#).

Fair Notice Resource for Students/Families

The Langley School District is committed to a safe and supportive environment for all. Our schools take all threatening comments and behaviours seriously. Our schools follow procedures when responding to threat-making behaviour to help keep students, staff, and the community safe.

The following resource [here](#) outlines what information students and families need to know in relation to how the District responds to threat-making behaviour in our schools. Everyone has a role in helping keep our students safe.



If you have any questions or concerns, please contact your school administrator.

LEARNING to lead™

MINERVA



THE PROGRAM

Learning to Lead™ is a free leadership program open to self-identified girls in Grades 10-12. Participants gain confidence through interactive workshops and activities within a fun and supportive community.

WHAT YOU'LL LEARN

Learning to Lead™ is all about helping youth increase:

- **Self-knowledge** of their unique leadership ability
- **Connections** to supportive peers and inspiring mentors
- **Confidence** to take action!

FALL 2023 DATES

L2L FALL

- Participants attend 2-hour Zoom session once a week for 4 weeks (Oct 4, 11, 18, 25)

L2L STEM

- Participants attend a specialized virtual weekend with mentors and advice applicable to STEM fields (Oct 20-22)

L2L TECH

- Participants attend a specialized virtual weekend with mentors and advice applicable to Tech fields (Nov 17-19)



JOIN US!

Up to 50 participants will be selected to attend each cohort. Participants are welcome to apply and attend any and all program offerings.

REGISTRATION: minervabc.ca/learning-to-lead

BC Demographic Survey Helping Identify Systemic Racism

The District is committed to diversity, equity, and inclusion and creating compassionate learning communities. We support our community partners in helping promote anti-racism and implementing strategies to help eradicate racism. The province has launched the BC Demographic Survey to help identify systemic racism in government services. The survey is available in 15 languages and takes 15 minutes. We encourage members of our community to complete the survey which closes on October 15th. Fill out the survey [here](#). For more information, read more [here](#).

National Day for Truth and Reconciliation/ Orange Shirt Day Community Event

Community Gathering on September 30th in recognition of the National Day for Truth and Reconciliation and Orange Shirt Day will take place at Derek Doubleday Arboretum (21559 Fraser Highway) from 5pm – 7:30pm.



September 30, 2023
5 - 7:30pm

Derek Doubleday Arboretum
21559 Fraser Hwy, Langley

Please join us as we gather to learn,
reflect, recommit and move forward
in Reconciliation.

5:00- 6:30pm A Time to Reflect and Recommit
to Reconciliation (*through guided activities*)

6:30 - 7:30pm Honouring of the Children
(*speakers, drumming and candlelight walk*)



Fraser Health Monthly Health Promotion

Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.



Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's [Find a Dentist database](#). If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access [affordable dentistry for your children](#). You can also contact the dental program at your [local public health unit](#) and ask about resources available in your community.

Vision

[BC Doctors of Optometry](#) recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's [Find an Optometrist database](#). In B.C., basic eye exams, one per year, are free up to the age of 18. Some optometrists may charge a small user fee of about \$35 per visit so be sure to ask about any fees before you make an appointment.


Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your [local public health audiology \(hearing\) clinic](#).

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <https://ow.ly/oK9z50PegZB>

BRIDGES TO EMPLOYMENT

**NEXT COHORT BEGINS:
TUESDAY OCTOBER 24
@ FOUNDRY LANGLEY
20616 EASTLEIGH CRES**



REQUIREMENTS:

- BETWEEN THE AGES OF 15-30
- EXPERIENCE BARRIERS TO EMPLOYMENT
- NOT CURRENTLY A STUDENT
- HAVE A SOCIAL INSURANCE NUMBER
- HAVE YOUR OWN BANK ACCOUNT


SKILLS DEVELOPMENT:

- THE FIRST 6 WEEKS ARE DEDICATED TO DEVELOPING EMPLOYMENT AND LIFE SKILLS, AS WELL AS EARNING YOUR FIRST AID AND WHMIS CERTIFICATES
- GET PAID FOR ATTENDING THE PROGRAM AT THIS TIME


EMPLOYMENT SUPPORT:

- 10 WEEKS OF EMPLOYMENT-RELATED 1-1 SUPPORT
- SUPPORT WITH HANDING OUT RESUMES AND CONNECTING WITH EMPLOYERS

IF YOU'RE INTERESTED IN THE PROGRAM, PLEASE CONTACT US AT 604-546-1954 OR EMAIL AT EMPLOYMENT@ENCOMPASS-SUPPORTS.COM



Funded by the Government of Canada's Youth Employment and Skills Strategy




Community News

Here are a few items from the Langley School District's Community Bulletin Board. For more community events please visit <https://www.sd35.bc.ca/news-events/community-bulletin-board/>

Langley Community Services Society Helping the Community Since 1971

Caring Dads Group



Caring dads is a group designed for fathers wanting to gain a deeper understanding of their relationship with their children and their parenting. The group consists of parenting topics such as child development, what it means to be a father, and many others.

Where: The group will run, in-person, every Wednesday, starting August 30th, 2023 – December 20th, 2023, from 6:00pm-8:00pm

Where: Langley Community Services Society main building, 3339 207th street

For more information, please contact Matthew Smiley at 604-440-9079 or mmsmiley@lcss.ca

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LCSS Langley Community Services Society AND THE CHILDREN'S FOUNDATION

TAMING THE WORRY DRAGONS



Thought Stopping **Relaxation**
Coping **Mindful Breathing**

Registration and Caregiver Participation Required.
What: FREE 8 Session Psycho-Educational Group for kids who struggle with anxiety.
Who: For Children ages 8-12
When: Every Tuesday 5-6:30 pm starting October 3, 2023.
Where: LCSS Welcome Center 6470 201 St. Main Boardroom

To register contact Belinda Kishikawa at 604-546-7920 ext. 5388 or b.kishikawa@lcss.ca
For questions regarding group contact Facilitator Megan Zank at 604-546-7920 ext. 1306 or mzank@lcss.ca

BECOME A YOUTH VOLUNTEER AMBASSADOR

IVYSCORPS IS A FREE PROGRAM

IvyScorps is a free community-ready-driven, skills enhancement, and volunteering program for Youth Volunteers located in British Columbia. It is a national research-informed youth program. It is 10 weeks, to gain valuable leadership experience and to develop transferable skills through meaningful work and civic action community engagement projects.

IVYSCORPS IS A FREE 10-WEEK PROGRAM

A community-based, research-informed, and volunteering program for Youth Volunteers located in British Columbia. It is a national research-informed youth program. It is 10 weeks, to gain valuable leadership experience and to develop transferable skills through meaningful work and civic action community engagement projects.

Benefits:

- 1000 Hours of Volunteer Experience
- Living Expenses
- Personal Care
- Travel Expenses
- Department / Child Care Support
- Food & Beverage
- Transportation
- Health & Wellness
- Personal Support

Are you eligible?

- Youth Aged 15-30
- BC Resident
- Canadian Citizen, Permanent Resident or Refugee Status

REGISTER HERE

Scan the QR code to register for the program.



Presented in partnership with: 